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ME SHINE NEWSLETTER

God's love... When you walk the halls of Let Me Shine that is what you'll see; from the chapel, from the classrooms and from the playground. There is nothing more important in our day. It is from this point the rest of our learning takes place!



As Mister Rogers once said, "Love and trust, in the space between what's said and what's heard in our life, can make all the difference in this world." Let's see what difference we can make in the lives of others and share God's love!!!

"We love because He first loved us." 1 John 4:19

Happy Valentíne's Day!

In His Service,

Barb Ballíf Director

Magic Shows February 5&6

Usborne Book Fair and PARENT-TEACHER CONFERENCES ~ March 12-16 Save the dates



Watch for a sign-up sheet near your child's classroom for times to schedule your Parent-Teacher Conference.

There will be no school on Monday, February 19 In observance of President's Day

Now enrolling for Let Me Shine 2018-19!

We are currently enrolling and are accepting applications for all ages. If you know anyone who is interested in preschool, please let them know about this wonderful opportunity to provide their child with a Christian education at Let Me Shine!



Media Nicole Caldwell

March 5-9 is National Lutheran Schools & Staff Appreciation week! See Barb in the office for ways to participate.



Let Me Shine is a Preschool Ministry of Zion Evangelical Lutheran Church

Zion Evangelical Lutheran Church All Are Welcome to Lenten Worship

Ash Wednesday Worship ~ February 14 12:00 pm and 7:00 pm preceded by a 6:00 pm Soup supper

Lenten Worship Schedule Wednesdays—February 21– March 21 6:00 pm Soup Supper 7:00 pm Worship

Contact the church office at 582-2321 with any questions or if you would like to speak with a pastor.

Worship Opportunities Sundays, 8:15 &10:30am

Sunday School Sundays, 9:15am—10:15am Ages 3 through Adult

Beautiful Blessings Group

This new small group of women will be meeting at 10 am on the 2nd and 4th Tuesdays of each month at Honeysuckle Coffee Co (8745 South 700 East, #2, Sandy, UT). Bring your child(ren) because there is a play area for them while you enjoy sharing beautiful blessings with other women. We will begin exploring the book by Linda Dillow, Calm My Anxious Heart. A link to the first chapter can be found on our website. Contact Lisa Mensinger at youth@zelc.org.

From Dr. Laura Markham's **Peaceful Parents, Happy Kids,** please read and consider including these 10 Routines that will strengthen a Parent-Child Relationship. We all crave those close moments with our children that melt our hearts. Connection is as essential to us as it is to our children. When our relationship is strong, it's also sweet, so we receive as much as we give. That's what makes parenting worth all the sacrifices.

1. Aim for 12 hugs (or physical connections) every day. As family therapist Virginia Satir famously said, "We need 4 hugs a day for survival. We need 8 hugs a day for maintenance. We need 12 hugs a day for growth." Snuggle your child first thing in the morning for a few minutes, and last thing at night. Hug when you say goodbye, when you're reunited, and often in between. Tousle hair, pat backs, rub shoulders. Make eye contact and smile, which is a different kind of touch. If your tween or teen rebuffs your advances when she first walks in the door, realize that with older kids you have to ease into the connection. Get her settled with a cool drink, and chat as you give a foot rub. (Seem like going above and beyond? It's a foolproof way to hear what happened in her life today. You'll find yourself glad, many times, if you prioritize that.)

2. Play. Laughter and rough-housing keep you connected with your child by stimulating endorphins and oxytocin in both of you. Making laughter a daily habit also gives your child a chance to laugh out the anxieties and upsets that otherwise make him feel disconnected — and more likely to act out. And play helps kids want to cooperate. Which is likely to work better?: "Come eat your breakfast now!" or "Little Gorilla, it's time for breakfast — Look, you have bugs and bananas on your oatmeal!"



little extra time

in the morning?

Drop off time is anytime between 8:00 am-8:45 am. Please sign your child in as usual on the clip board at the sign-in table and bring him/ her down to Miss Sabrina's Room #8. Morning Bunch has story time, color time and game time! Make sure your child has breakfast before they come! Your child is escorted to their classroom to begin their school day at 9:00 am. You will receive an invoice at the end of each month.

Because like ... SNOW !!!! OK?

Winter Gear **Checklist:**

Snow Boots

Mittens

Caps

Beanies

Warm socks

Snow pants

Winter Jackets or Coats

Closed-toed shoes

Scarves

Earmuffs

Chap stick (why not?)

LUNCHBUNCH

Do you need an extra hour after school for a hair appointment, doctor's appointment, etc.? Trv out the Let Me Shine Lunch Bunch program! Lunch Bunch is a hit with kids, and it is so easy to do. Pack a lunch for your child, buy a yellow lunch ticket in the office, and that's it! We'll take care of the rest. You don't need to come until 1:00 for pick-up, and the lunch bunch kids will be downstairs in the Terrace Room. Lunch Bunch is a lot of fun for the kids because we play lots of games, have fun and interesting activities, and the kids get to eat their lunch together in a social setting! Our fabulous Lunch Bunch staff of Holly, Sabrina, Lorna, and Heather helps the kids open their lunches (eating the "healthy stuff" first!), then the kids get to do floor tumbling, art, fun games, story time, even some science activities! Lunch Bunch costs \$6.50 for one ticket, but if you buy the tickets in a pack of 10, the price is \$60.00 (a savings of \$5.00). We'd love to have you! If you have any questions about lunch bunch, please ask Barb, Holly, or any of the teachers for information!





Miss April's Raccoons

Hey there Raccoon parents!!! I'm so excited for the month of February! We will be celebrating Valentine's Day and learning our letters "o," "p," "q," and "r." We will also be celebrating Oliver's birthday! It looks like we will be having some more snow days ahead, so please remember to bring snow clothes for your child (including

pants/bibs, coats, hats, gloves and boots). They are only allowed to go into the snow if they have these items, because we don't want them to be cold and wet! Also, our class will be in charge of doing chapel on March 6th, so we will be practicing this month. Parents are invited (and encouraged) to come and watch!! I will send another reminder when it gets closer. Our theme will be the "fruits of the spirit". We have

an exciting month ahead and I enjoy my time with your children so much! With love, Miss April



Miss Heather's Happy Hedgehogs

We had a wonderful January in Room 3. The kids were happy to be back at school, and I was happy to see them. I love hearing about their Christmas vacations. We had a lot of fun with our snow projects and playing on our snowy playground. Thank you for bringing their snow gear every day! Recess is much more enjoyable if we are warm and dry. In February, we will learn about all things transportation-trucks, planes, cars, boats and trains. It will be a super month for my train and truck enthusiasts. We will also have a simple Valentine's Day party and card exchange. Look for the sign-up sheet if you would like to contribute to our party.

In His Service, Miss Heather





Miss Chris's Critters

I can't believe its February already, this school year is going by so fast. I have enjoyed watching the dynamics of our class change in the past months. Recently we have been working on our numbers and counting

to 50. We have also been practicing writing and dialing our phone numbers. If you have an old landline or cell phone it would be excellent if you spend time showing your child how to dial your phone number on a phone.

The letters we will be working on this month are "Q" or "q" for queen, "R" or "r" for rainbow, "S" or "s" for snake and "T" or "t" for turtle. Please review these letters with your child and find other objects in your house that begin with these letters! It will reinforce the learning that has taken place and is a fun acivity tot do with your child! In the coming months be on the lookout for the following letters, "U", "V",

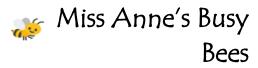
"W" and "X". Also, this month is Valentine's Day and we will be having a party. Please watch for a sign-up sheet for treats for your child's class.

Continued Blessings, Miss Chris



A MESSAGE FROM THE POTTY LADY - DOWNSTAIRS

Please check your child's cubby to make sure he/she has season appropriate 'stand by' emergency clothes. Also check on your child's diaper/pull up situation. Thanks so much for the opportunity of spending time with your precious children. Miss Nettie



Dear Parents,

And it's February! We had so much fun being back at school and started many new projects. In January we graphed the weather. We were waiting for snow and I'm so glad it finally came! The kids are doing a great job with number recognition and comparing quantities. We've had fun getting messy with puffy paint, marble drawings, and drawing pictures and our letters in salt. We have made it to the half way point through the alphabet and are looking forward to continuing with letters "N, n" (Everyone has a name), "O, o" (the wise owl), "P, p" (penguins), and "Q, q" (making a friendship quilt).

Looking forward we will celebrate friendship and love this month. "A friend loves at all times" *Proverbs* 17:17. Please look out for our volunteer sheet. I love my parent volunteers! You help make so many fun projects possible!



Blessings, Miss Anne

Miss Kristina's Birds

Dear Parents,

January was COLD and we talked a lot about winter and animals that like snow;



like penguins and polar bears.

Our favorite things this month were: play dough, painting with solid tempera paint sticks, car tube and (now that everyone turned 2!!) playing outside with the "big kids."

In February we'll learn about "Things that move" - cars, trains, boats...

We'll also celebrate Valentine's Day in our class: no cards or present exchanging, since that tends to be a little confusing at that age. Instead, we'll make a fun Valentine themed poster and decorate cookies together. Please watch out for the sign-up sheet!

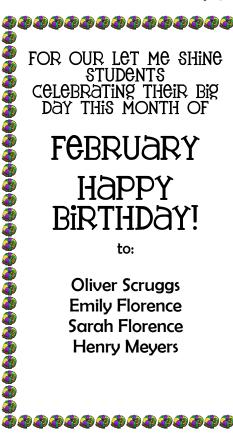
Thanks so much for your continued support, I truly appreciate each and every one of you!

Blessings, Miss Kristina

Miss Kristina's Ladybugs

February is a month to celebrate God's gift of love! Our class will be talking about what makes us similar (we are all God's children) as well as our unique differences (God made each of us special). We will practice affirmations, expressing what we appreciate about one another. Look for our Wall of Love outside our classroom the kiddos have such sweet observations about their friends. Our study of opposites will have us marching uphill and downhill with the Noble Duke of York. We will think up as many pairs of opposites as we can to go along with our Two Little Blackbirds poem - culminating in crafting our own blackbird puppets and putting on a puppet show for our younger friends at Let Me Shine! Our class Valentine's Party will be Tuesday the 13th and Wednesday the 14th - look for a detailed e-mail in your inbox about our celebration. Thank you to all the volunteers who continue to read to us, chaperone our nature walks, help us craft, and keep us stocked up on playdough!

Miss Kristina





Hello Let Me Shine Friends!

We are working hard in music class this new year- learning new rhythms and playing them on our instruments! Maybe you've heard your children walking around the house singing "popcorn, pickles, Mississippi Soda POP!" We've also been practicing some fun circle and hand clap games. A couple of the songs we are learning are: 10,000 Reasons (Matt Redman) and Good, Good Father (Chris Tomlin). Download these to share with your family today!

Thank you for the privilege of teaching your kids. "Sing-cerely," MISS Alia



Miss Sabrina's Sweeties

Hello Parents,

January was here and now it's gone! We have been busy learning and also having fun in the snow! For the letter "L" we talked about ladybugs and how they are helpful to our plants and trees by eating the aphids. This led us to talk about how we can be helpful by listening, obeying, serving, cleaning etc. The letter "M" was fun with marshmallows and mail. For the letter "N" we talked about nightcrawlers and how to be fishers of men for Jesus. And for the letter "O" we talked about owls and how owl stands for "Our Wise Lord" and that we can gain wisdom from the Bible. February will be so much fun talking about love and valentines. Thanks parents for sharing your children with me.

Blessings, Miss Sabrina





Miss Megan's Fox Den

Hello Fox Den Families!

Time is flying by! January has come and gone in a blink of an eye! I am grateful as always for your help in the classroom, your constant

support, donations, and most importantly the time you let me spend with your children. They are the light of my life and each day spent with them is a wonderful learning opportunity! I feel as though I learn more from them than they could ever learn from me!

This month we will be learning about friendship, Valentine's Day, art/artists, and shapes! Be on the lookout for my email concerning Valentine's Day! I look forward to another month with you!

God's blessings, Miss Megan

Miss Carlee's Owlets

Hi Parents,

We had so much fun in January! We learned about polar animals and snowflakes; and the kids loved singing snowmen songs. February is now here! Love is in the air, and we will be talking about God's love and how to love each other. Our class Valentine's Day parties will be held on Tuesday, Feb. 13 and Wednesday, Feb. 14. Watch for details and a sign-up sheet soon. We are making Valentine boxes in class! Please continue to bring coats, hats, gloves and boots to play outside in the cold and snow!

God Bless, Miss Carlee

